



Women's Lead Coach & Assistant Coaches

Application deadline and closing date – Monday 10th September

The University of Portsmouth Women's Rugby Club is a fun and inclusive club with approximately 40 to 50 members each year. The club plays in the British Universities and Colleges Sport (BUCS) leagues and RFU organised Merit Table events.

Whilst ensuring the team maintains a good level of results, the over-arching aim for our coaches is the retention of players in the club through high quality and enjoyable training sessions and by contributing to maintaining an inclusive and friendly environment in which all members feel welcome.

To support the continuing growth of the club and improve the experience of members even further, we are looking for a **lead coach** to head up the coaching of the team and **assistant coaches** to support the coaching. Working with the club would be a good first step for coaches who want to develop their knowledge and experience of coaching within the adult 15 aside game.

The club trains twice a week at HMS Temeraire, Burnaby Road, Portsmouth with the main session on Monday night and a second session on a Friday night. In terms of your availability we are flexible about Friday night availability as it is not necessarily the easiest night of the week to commit to every week. So we would like to hear from you, whether you are able to commit to one or two nights a week or the second night might be every now and again.

Session Details:-

Monday – 6.30pm – 8.00pm

Friday – 6pm – 7pm

In addition if you are able to attend some Wednesday matches to support the team during their games that would be appreciated but not expected.

The club's season runs from mid September to the end of March.

Nick Parker, Men's club Head Coach will be available to support you with delivery (provision of additional coaches etc) and your own coaching development. He is a RFU Level 3 coach and a RFU Trainer who has coached the club for 14 years, has until recently been an RFU Community Rugby Coach for the local area and has coached in a wide range of settings over the last 20 years including in the Southern Hemisphere .

We are a friendly and inclusive club which strives to provide suitable playing opportunities for all and help make students' time at university a memorable one.

For the assistant coaches we are looking for people who would like to coach, ideally have done a Rugby Coaching qualification and develop their skill sets, whilst prior experience would be helpful it is not required. We are happy to support you with your development. For the Lead coach position please see the job description below.

Lead Coach Job Description

You will be able to cater for the needs of all women players in the club, ranging from beginners (often including women who have never played before and are trying rugby for the first time) to players who have played County and Divisional Age Group Rugby.

Responsible For:

- Planning of training sessions with assistant coaches if available and team captain to cater for all members of the women's team. All sessions must maximise the involvement of all players whilst developing individual players and each team.
- Delivery of Monday night training.
- Offer feedback where relevant on the running of the playing side of the club to ensure all members are treated equally and fairly.
- Act as a mentor to captain to help develop her performance in her role.
- Provide constructive feedback to players on training sessions
- Ensure injured players have an active role within training sessions.
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Qualifications and Experience

- Ideally will hold a RFU / UKCC Coaching Qualification or a recognised equivalent or can demonstrate relevant coaching experience.
- Agree to adhere to the club's philosophy and objectives for the year as laid out by the women's committee.
- Self-motivated, committed and enthusiastic about coaching rugby union
- Articulate and deliver a clear playing and coaching philosophy that is in accordance with the objectives of the women's team.
- Preferably will experience of coaching young women players, preferably at University level. Ideally would have experience of coaching both experienced players and beginners.

- Strongly biased towards a Player Centred approach to coaching.
- Able to articulate and deliver sound coaching processes relative to the club needs.
- Committed to promoting and acting in accordance with the RFU's Core Values for the game.

If you are interested or have any questions please contact:-

Nick Parker
UPRFC Head Coach
Mobile No. 07986989679
E-mail. nickhparker@gmail.com

Please note Nick will be out of the country and uncontactable from Saturday 1st September to Saturday 8th September but will reply to any enquiries on his return.