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## Assistant Coaches

### Application closing date – Monday 10<sup>th</sup> September

The University of Portsmouth Rugby Club is one of the biggest University Rugby clubs in the South of England, with six men's teams and one women's team and over 200 members. The club's teams play in the British Universities and Colleges Sport (BUCS) leagues and the RFU South East Merit Table competitions on Wednesday afternoons. The men's first team plays in the BUCS National Premier South B league.

Whilst ensuring the teams and the club as a whole maintain a good level of results, the overarching aim for our coaching team is the retention of players in the club through high quality and enjoyable training sessions and by contributing to maintaining an inclusive and friendly environment in which all members feel welcome.

To sustain this, we are looking for coaches to join our coaching team and contribute to the development of the club's teams and players. Working with the University club would be a good first step for coaches who are looking to eventually move into coaching adult club teams.

We are able to offer a range of coaching opportunities suitable for both new coaches and experienced coaches. With over 100 players at every training session there is plenty of opportunity to coach.

In particular we are keen to recruit coaches whose specialties are in back play and set piece to work with the BUCS teams.

The club trains twice a week at HMS Temeraire, Burnaby Road, Portsmouth with the main session on Monday night and a second session on a Friday night. In terms of your availability we are flexible about Friday night availability as it is not necessarily the easiest night of the week to commit to every week. So we would like to hear from you, whether you are able to commit to one or two nights a week or the second night might be every now and again.

Session Details:-

Monday – 6.30pm – 9.30pm (6.30pm – 8.00pm 4<sup>th</sup> – 6<sup>th</sup> & Women teams, 8.00pm – 9.30pm 1<sup>st</sup> – 3<sup>rd</sup> teams) Coaches meeting at 6.15pm

Friday – 5pm – 7pm (5pm – 6pm 1<sup>st</sup> – 3<sup>rd</sup> teams, 6pm – 7pm 4<sup>th</sup> – 6<sup>th</sup> & Women teams)  
Coaches meeting at 4.45pm

The club's season runs from mid September to the end of March.

Our coaching is led by Nick Parker, who is a RFU Level 3 coach and a RFU Trainer who has coached the club for 14 years, has until recently been an RFU Community Rugby Coach for the local area and has coached in a wide range of settings over the last 20 years including in the Southern Hemisphere . He leads a small group of coaches of varying backgrounds and experience.

All the positions are voluntary however we are keen to support coaches in their coaching development. All our coaches have access to mentoring and coach development support from Nick and we are keen to help subsidise the cost of coaching qualifications.

We are a friendly and inclusive club which strives to provide suitable playing opportunities for all and help make students' time at university a memorable one.

If you are interested or have any questions please contact:-

Nick Parker  
UPRFC Head Coach  
Mobile No. 07986989679  
E-mail. [nickhparker@gmail.com](mailto:nickhparker@gmail.com)

**Please note Nick will be out of the country and uncontactable from Saturday 1<sup>st</sup> September to Saturday 8<sup>th</sup> September but will reply to any enquiries on his return.**