University of Portsmouth Rugby Club: 2018/19

Lead Coach for Men's 4th to 6th Teams
Application closing date – Monday 10t September

The University of Portsmouth Rugby Club is one of the biggest University Rugby clubs in the South of England, with six men's teams and one women's team and over 200 members. The club's teams play in the British Universities and Colleges Sport (BUCS) leagues and the RFU South East Merit Table competitions on Wednesday afternoons. The men's first team plays in the BUCS National Premier South B league.

Whilst ensuring the teams and the club as a whole maintain a good level of results, the over-arching aim for our coaching team is the retention of players in the club through high quality and enjoyable training sessions and by contributing to maintaining an inclusive and friendly environment in which all members feel welcome.

To support the continuing growth of the club and improve the experience of members even further, we are looking for a lead coach for the men's 4th to 6th teams to join our coaching group and contribute to the development of the club's teams and players. Working with the University club would be a good first step for coaches who are looking to eventually move into coaching adult club teams.

The club trains twice a week at HMS Temeraire, Burnaby Road, Portsmouth with the main session on Monday night and a second session on a Friday night. In terms of your availability we are flexible about Friday night availability as it is not necessarily the easiest night of the week to commit to every week. So we would like to hear from you, whether you are able to commit to one or two nights a week or the second night might be every now and again.

Session Details:-

Monday – 6.30pm – 9.30pm (6.30pm – 8.00pm 4th – 6th & Women teams, 8.00pm – 9.30pm 1st – 3rd teams) Coaches meeting at 6.15pm

Friday – 5pm – 7pm (5pm – 6pm 1st – 3rd teams, 6pm – 7pm 4th – 6th & Women teams)
        Coaches meeting at 4.45pm

The club's season runs from mid September to the end of March.

The position is voluntary, however we are keen to support coaches in their coaching development. All our coaches have access to mentoring and coach development support from Nick and we are keen to help subsidise the cost of coaching qualifications. We may also be able to pay limited expenses.

Key Deliverables

With support from Nick Parker, the Club Head Coach, you will lead on the delivery of the 4th to 6th teams training sessions, with approximately 60 to 80 players at Monday night sessions and 20 to 40 players at Friday night sessions. You will have a team of assistant coaches (both student coaches and coaches from the local area) to help with the delivery of the session.

The focus of the sessions will be on utilising a constraints game based approach, with an emphasis on improving the game understanding and skills of players of varying levels of experience (with some being new to the game or returning to rugby at university) in an enjoyable and inclusive environment.

The playing approach of the club is set by the club head coach and the club captain and the expectation is that there will be continuity in the playing approach of the 4th to 6th teams to allow progression of players to higher teams, with it applied at an appropriate level for the players being coached.

Nick is a RFU Level 3 coach and a RFU Trainer who has coached the club for 14 years, has until recently been an RFU Community Rugby Coach for the local area and has coached in a wide range of settings over the last 20 years including in the Southern Hemisphere . He leads a small group of coaches of varying backgrounds and experience.

We are a friendly and inclusive club which strives to provide suitable playing opportunities for all and help make students' time at university a memorable one.

If you are interested or have any questions please contact:-

Nick Parker
UPRFC Head Coach
Mobile No. 07986989679
E-mail. nickhparker@gmail.com

Please note Nick will be out of the country and uncontactable from Saturday 1st September to Saturday 8th September but will reply to any enquiries on his return.